



## Roosevelt Fire District

**Section:**  
Administrative

**Policy:**  
Physical Exam

### PHYSICAL EXAMINATION POLICY

Adopted July 21, 1994

AMENDED & ADOPTED – November 10, 2022

EFFECTIVE JANUARY 1, 2023

**All members of the Roosevelt Fire District are required to have an annual physical examination completed and received by the Board by September 1 of each year.** In addition, those members classified as Interior Fire Fighters and those members of the Rescue Squad must submit OSHA questionnaire 1910.134 at the time of their physical. Examiner must acknowledge receipt of the OSHA form on the physical form returned to the district.

This examination is required for you to remain as a member of the Roosevelt Fire District.

**Physical and OSHA forms will be available at the Company meetings in January and February, the district Office, chiefs' office and locations in each fire station. It is the member's responsibility to obtain these forms and bring them to the Physical exam.**

**Approximately April 1, of each year, a notice will be published in each station reminding members that they should all have picked up their forms by then.**

**Approximately end of June/early July of each year a list will be published in each station listing those members who have not yet completed their physicals or OSHA forms if required. A CC; of this list will be sent to Company Captains/Presidents/Chiefs Staff and Board of Fire Commissioners.**

All physical exams must be performed by a Medical Doctor, a Nurse Practitioner or Physician's Assistant who are employed by a Medical Doctor or Medical Group. The physical form must be filled out completely and signed by one of these medical professionals.

Appointments may be made with the District Physician Dr. David Cho, 243 North Road, Suite 204, Poughkeepsie, NY 12601. Telephone 845-451-7271.

Whether seeing Dr. Cho or another Physician of your choosing, the member is to make sure that you bring the Physical form and the OSHA Questionnaire (if required) to the exam. If a member fails to keep a scheduled appointment, then cost will be at the member's expense.

Failure to submit a completed physical to the Board of Fire Commissioners by the required date will result in an automatic 90-day suspension from the district. If after 60 days the member has not had a physical, the member will be notified in writing that they have 30 days remaining to complete their physical and get the required document to the Board of Fire Commissioners. Failure to obtain a physical within the 90-day suspension period will result in automatic termination of membership in the R.F.D.

**Any member submitting an altered or fraudulent physical report shall be subject to immediate dismissal from the Fire District.**

During the period of suspension, no points can be earned in the Service Awards Program.

Board approved: 11/10/22

Last Revision 11/22